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**To:** [LIBNEWS-L@LISTSERV.ILLINOIS.EDU](mailto:LIBNEWS-L@LISTSERV.ILLINOIS.EDU)  
**Subject:** Group Grief Counseling  
**Date:** Wednesday, May 13, 2020 5:47:51 PM  
**Attachments:** [image001.png](#)

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As Dean Wilkin wrote in his update earlier this afternoon, this new environment can take a toll on us physically, mentally, and spiritually. In addition, our Library family has suffered recent losses, which makes this time even more difficult to bear.

We are able to partner with Faculty Staff Assistance Services (FSAS) to provide a group grief counseling session for Library employees. This is usually offered as an in-person meeting, however, with the new social distancing guidelines, FSAS would facilitate this group grief counseling session through Zoom.

To make arrangements, we need to know how many are interested in participating as a group. [For privacy, please indicate your interest via this form](#) by Friday, May 15, so that we can arrange the session as soon as possible. Once we have an approximate number of those interested, we will schedule with FSAS. The date, time, and Zoom meeting link will be provided to those who signed up, separately.

If a group environment is not something you are comfortable with, FSAS also provides individualized sessions. Please reach out to them by calling 217-244-5312 to schedule a personalized meeting.

Skye

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